

Pick Up _____ Delivery _____ Ely Delivery _____

No. of Bags _____ (for office use)

FIRST & LAST NAME: _____ Wk of 9/8/26

This is a choice-based food pantry. **You may choose up to 2 of any of the items on the list.** (exceptions: items marked "limit 1"). Items will be available while they last; orders not picked up by Friday will be returned to inventory. NOTE: If you are ordering for the monthly Ely delivery, please do not select cold items.

Frozen Meat (limit 1)	
Ground Beef	

Canned Meats	
Tuna (5 oz)	
Chicken (5 oz)	

Soup	
Chunky Beef Soup	
Cream of Chicken Soup	
Cream of Mushroom Soup	

Heat & Eat Meals	
Ravioli	
Pasta Rings with Meatballs	
Chili with Beans	

Noodles & Sauce	
Egg Noodles	
Elbow Macaroni	
Spaghetti Sauce	

Canned Vegetables	
Green Beans	
Sliced Carrots	
Sliced Potatoes	

Canned Beans	
Kidney Beans	
Chili Beans	

Tomatoes	
Tomato Sauce	

Canned Fruits	
Fruit Mix	
Sliced Pineapple	

Pasta Meals	
Taco Mac	
Mac & Cheese	

Baking/Breakfast	
Chocolate Frosting	
Instant Oatmeal	

Cereal	
Honey Nut Cheerios	
Life: Original	
Life: Cinnamon	
Captain Crunch	
Peanut Butter Captain Crunch	

Miscellaneous	
Fruit Snacks	
Peanut Butter	
Granola Bars	
Little Bites Mini Muffins*	
Gushers (6 ct)	

*Muffins best by 8/23 but still good for 2 months

Household Items	
Dry Dog Food	

USDA ITEMS BELOW - MUST HAVE FORM ON FILE TO SELECT THESE.	
Can Mix Vegetable - LS	
Diced Tomatoes- NSA	
Canned Black Beans	
Canned Pears - Lite	
Applesauce - unsweet	
Creamy Peanut Butter	
Dried Great Northern Beans	
Dried Black Beans (2 lb)	
Dried Garbanzo Beans	
Dried Lentils	
Dried Navy Beans	
Brown Rice	
Raisins (6 pk)	
Shelled Walnuts	
All Purpose Flour	
Shelf Stable 1% Milk - 4 cartons	

USDA COLD ITEMS BELOW - MUST HAVE FORM ON FILE TO SELECT.	
Fresh Peaches	
Fresh Plums	
Fish Sticks	
Alaskan Pollock Filets	

NSA = No Salt Added LS = Low Sodium