

Pick Up _____ Delivery _____

No. of Bags _____ (for office use)

FIRST & LAST NAME: _____ Wk of 9/21/26

This is a choice-based food pantry. **You may choose up to 2 of any of the items on the list.** (exceptions: items marked "limit 1"). Items will be available while they last; orders not picked up by Friday will be returned to inventory. NOTE: If you are ordering for the monthly Ely delivery, please do not select cold items.

Frozen Meat (limit 1)	
Ground Chicken	

Bonus Item (limit 1)	
Tub Margarine Lite	

Canned Meat	
Tuna (5 oz)	

Soup	
Chunky Beef Soup	
Chunky Chicken Soup	
Cream of Chicken Soup	
Cream of Mushroom Soup	

Heat & Eat Meals	
Pasta Rings	
Ravioli	
Pasta Rings w/Meatballs	
Chili with Beans	

Noodles & Sauce	
Egg Noodles	
Elbow Macaroni	
Spaghetti Noodles	
Pasta Sauce	
White Rice	

Canned Vegetables	
Corn	
Green Beans	
Sliced Carrots	
Sliced Potatoes	

Canned Beans	
Kidney Beans	
Chili Beans	

Tomatoes	
Diced Tomatoes	
Tomato Sauce	

Canned Fruits	
Fruit Mix	
Sliced Pineapple	

Pasta Meals	
Taco Mac	
Mac & Cheese	
Beef Helper	
Tuna Helper	

Baking/Breakfast	
Chocolate Frosting	
Instant Oatmeal	
Pancake Mix	
Pancake Syrup	

Cereal (Choose only 1)	
Honey Nut Cheerios OR	
Life: Original OR	
Peanut Butter Captain Crunch	

Miscellaneous	
Fruit Snacks	
Fruit by the Foot	
Peanut Butter (limit 1)	
Granola Bars	
Mt Dew Blackberry Citrus	

USDA ITEMS BELOW - MUST HAVE FORM ON FILE TO SELECT THESE.	
Diced Tomatoes- NSA	
Canned Black Beans	
Canned Pears - Lite	
Applesauce - unsweet	
Creamy Peanut Butter	
Brown Rice	
Dried Great Northern Beans	
Dried Black Beans (2 lb)	
Dried Garbanzo Beans	
Dried Lentils	
Dried Navy Beans	
Raisins (6 pk)	
Shelled Walnuts	
Grape Juice	
Shelf Stable 1% Milk - 4 cartons	

*Margarine best by 8/1 but still good for 5 months

*Muffins best by 8/23 but still good for 2 months

NSA = No Salt Added LS = Low Sodium