

Pick Up _____ Delivery _____ Ely Delivery _____

No. of Bags _____ (for office use)

FIRST & LAST NAME: _____ Wk of 2/9/26

This is a choice-based food pantry. **You may choose up to 2 of any of the items on the list.** (exceptions: items marked "limit 1"). Items will be available while they last; orders not picked up by Friday will be returned to inventory. NOTE: If you are ordering for the monthly Ely delivery, please do not select frozen or refrigerated items

Frozen Meats CHOOSE ONE	
Catfish Pieces (2 lb) OR	
Ocean Perch Filets (2 lbs) OR	
Chicken Breasts (1.5 lb)	
Bonus Items	
Red Delicious Apples (3 lb)	
Canned Meats CHOOSE ONE	
Tuna (5 oz) OR	
Tuna in oil (5 oz) OR	
Chicken (5 oz) OR	
Salmon (14.75 oz)	
Heat and Serve	
Chunky Beef Soup	
Chunky Chicken Soup	
Beef Stew	
Pasta Rings w/Meatballs	
Pasta Rings	

Canned Vegetables	
Carrots	
Cream-Style Corn	
Whole Kernel Corn	
Green Beans*	
Mixed Vegetables	
Peas	
Green Beans NS*	
Yams	
Sliced Potatoes	

Pasta Meals	
Taco Mac	
Mac & Cheese	
Beef Noodle Helper	
Tuna Noodle Helper	

Noodles/Rice	
Elbow Macaroni	
Egg Noodles	
Spaghetti Noodles	
Pasta Sauce	
White Rice (1lb bag)	
Instant Potatoes (4 oz)	
Brown Gravy Packet	
Baking/Breakfast	
Instant Oatmeal	
Pancake Mix	
Pancake Syrup	
White Cake Mix	
Vanilla Frosting	
Devil's Food Cake Mix	
Milk Chocolate Frosting	

Canned Fruits	
Apricot Halves	
Pears	
Peaches*	
Mandarin Oranges	
Fruit Mix	
Unsweetened Applesauce *	

Condensed Soups	
Vegetable	
Tomato	
Chicken Noodle	
Cream of Chicken	
Cream of Mushroom	

Canned Tomatoes	
Diced Tomatoes	
Tomato Sauce (8 oz)	

Canned Beans	
Pork & Beans	
Kidney Beans	
Black Beans	
Chili Beans	
Garbanzo Beans (chickpeas)LS*	
Blackeyed Peas LS*	
Dried Beans	
Great Northern Beans* (1 lb)	
Lentils (1 lb bag)	
Black Beans (1 lb bag)	
Navy Beans (1 lb bag)	

Cereal	
Honey Nut Cheerios	
Cheerios	
Multigrain Cheerios	

Miscellaneous	
Snack Crackers	
Saltine Crackers	
Peanut Butter	
Granola Bars (s'mores flavor)	
Pecans, shelled	
Fruit Snacks	
Raisins - 15 oz bag	

Household Items (limit 1 of each)	
Bladder Control Products	
Toothbrushes	
Floss	
Deodorant (Men's or Women's)	
Bar of Soap	
Toilet Paper	

Indicates a healthy pantry selection

* USDA Product (TEFAP required items)

LS = Low Sodium NS = No Salt