

Pick Up _____ Delivery _____

Monthly Ely Delivery _____

No. of Bags _____ (for office use)

FIRST & LAST NAME: _____ Wk of 12/8/25

This is a choice-based food pantry. **You may choose up to 2 of any of the items on the list.** (exceptions: items marked "limit 1"). Items will be available while they last; orders not picked up by Friday will be returned to inventory. NOTE: If you are ordering for the monthly Ely delivery, please do not select frozen or refrigerated items.

Canned Meats CHOOSE ONE	
Tuna (5-7 oz)	
OR	
Tuna packed in oil (5 oz)	
OR	
Chicken (5 oz)	
OR	
Salmon (14.75 oz)	

Bonus Items	
White Bread (limit 1)	
Half Gallon 2% Milk (limit 1)	
Frozen Peaches*	
Dozen Eggs (limit 1)	

Heat and Serve	
Chunky Beef Soup	
Chunky Chicken Soup	
Assorted Chunky Soups	
Beef Stew	

Canned Vegetables	
Carrots	
Whole Kernel Corn	
Green Beans*	
Mixed Vegetables	
Peas	
Green Beans NS*	
Yams	
Sliced Potatoes	

Pasta Meals	
Mac & Cheese	
Taco Mac	

Noodles/Rice	
Elbow Macaroni	
Egg Noodles	
Spaghetti Noodles	
Penne Pasta	
Pasta Sauce	
Brown Rice (1lb bag) *	
White Rice (1lb bag)	
Instant Potatoes*	
Jar of Turkey Gravy	

Baking/Breakfast	
Instant Oatmeal - variety pack	
Pancake Mix	
Pancake Syrup	
Apple Cinnamon Muffin Mix	
Wild Berry Muffin Mix	
Vanilla Pudding	

Canned Fruits	
Apricot Halves	
Pears	
Peaches*	
Fruit Mix	
Applesauce *	

Condensed Soups	
Vegetable	
Tomato	
Chicken Noodle	
Cream of Chicken	
Cream of Mushroom	

Canned Beans	
Pork & Beans	
Chili Beans	
Garbanzo Beans (chickpeas)LS*	
Blackeyed Peas LS*	

Dried Beans	
Great Northern Beans* (1 lb)	
Lentils (1 lb bag)	
Black Beans (1 lb bag)	
Navy Beans (1 lb bag)	

Canned Tomatoes	
Tomato Sauce (8 oz)	

Miscellaneous	
Saltine Crackers	
Peanut Butter - creamy	
Jelly - Assorted Flavors	
Dried Cherries*	
Fruit Snacks	
Raisins - 15 oz bag	

Household Items	
Toilet Paper (limit 1)	
Laundry Soap (limit 1)	

Indicates a healthy pantry selection

* USDA Product (TEFAP required items)

LS = Low Sodium NS = No Salt