Pick Up Delivery		No. of Bags
FIRST & LAST NAME:		Wk of 07/07/25
	by choose up to 2 of any of the items on the list. (exers not picked up by Friday afternoon will be returned	·
Frozen Meat CHOICE OF ONE	Bonus Items <u>CHOICE OF ONE</u>	Dried Beans
Ground Beef (11b)	Alaskan Pollock Filet* (2 lb bag)	Navy Beans (1 lb bag)
<u>OR</u>	<u>OR</u>	
Ground Chicken (1lb)	Fish Sticks (2 lb bag)	Canned Tomatoes
<u>.</u>		Diced Tomatoes
Heat and Serve	Baking/Breakfast	Tomato Sauce (8 oz)
Chunky Beef soup	Instant Oatmeal	
Chunky Chicken Soup	Pancake Mix	Cereals
Ravioli	Pancake Syrup	Honey Nut Cheerios
Pasta Rings	White Cake Mix	
	Chocolate Cake Mix	Miscellaneous
Canned Vegetables	White Frosting	Guacamole Mix
Cream-Style Corn	Chocolate Frosting	Saltines (limit 1)
Whole Kernel Corn NS	Apple Cinnamon Muffin Mix	Snack Crackers (limit 1)
Green Beans	Wild Berry Muffin Mix	Fruit Snacks
Sweet Potatoes	Instant Dry Milk	Granola Bars
Mixed Vegetables NS		Peanut Butter *
Peas	Canned Fruit	Grape Jelly
Green Beans NS*	Pineapple	
	Mandarin Oranges	Available Toiletries
Pasta Meals	Applesauce *	(limit 1 of each item)
Beef Helper		Hand Sanitizer
Tuna Helper	Condensed Soups	Dental Floss
Taco Mac	Vegetable *	Bladder briefs s, M, L, XL, 3XL
Mac & Cheese *	Tomato	MENS Bladder Briefs s, L, XXL
	Chicken Noodle	BABY Diapers - Sz 2, 3,
Noodles/Rice	Cream of Chicken	1

Noodles/Rice	
Pasta Sauce	
Spaghetti Noodles	
Egg Noodles	
Elbow Macaroni	
Brown Rice (2 lb bag)*	

Side Dish	
Instant Mashed Potatoes*	

Canned Beans	
Pork and Beans	
Pinto Beans LS	
Kidney Beans	
Black Beans LS	
Refried Beans	
Garbanzo Beans (chickpeas)*	
Blackeyed Peas LS*	

Bonus Household Items		
Toilet Paper		
<u>OR</u>		
Kleenex		

Indicates a healthy pantry selection
* USDA Product (TEFAP required items)
LS = Low Sodium NS = No Salt