

Pick Up _____ Delivery _____

No. of Bags _____

FIRST & LAST NAME: _____ Wk of 07/14/25

This is a choice-based food pantry. **You may choose up to 2 of any of the items on the list.** (exceptions: items marked "limit 1" and toiletries). Items will be available while they last; orders not picked up by Friday will be returned to inventory.

Canned Meat <i>Choose ONE item</i>	
Tuna (7 oz)	
Chicken (12.5 oz)	
Salmon (14.75 oz)	

Heat and Serve	
Chunky Beef soup	
Chunky Chicken Soup	
Ravioli	
Pasta Rings	

Canned Vegetables	
Carrots	
Cream-Style Corn	
Whole Kernel Corn NS	
Green Beans*	
Sweet Potatoes	
Mixed Vegetables NS	
Peas NS	
Green Beans NS*	
Diced Potatoes	

Pasta Meals	
Beef Noodle Helper	
Tuna Helper	
Taco Mac	
Mac & Cheese *	

Noodles/Rice	
Pasta Sauce	
Spaghetti Noodles	
Egg Noodles <i>(limit 1)</i>	
Elbow Macaroni <i>(limit 1)</i>	
Brown rice (2lb bag) *	

Baking/Breakfast	
Instant Oatmeal	
Pancake Mix	
Pancake Syrup	
White Cake Mix <i>(limit 1)</i>	
White Cake Mix <i>(limit 1)</i>	
Chocolate Cake Mix <i>(limit 1)</i>	
Chocolate Frosting <i>(limit 1)</i>	
Apple Cinnamon Muffin Mix	
Wild Berry Muffin Mix	
Instant Dry Milk*	

Canned Fruits	
Pineapple	
Mandarin Oranges	
Diced Peaches	
Diced Pears	
Fruit Mix	
Applesauce *	

Condensed Soups	
Vegetable *	
Tomato	
Chicken Noodle	
Cream of Chicken	

Canned Beans	
Pork and Beans	
Pinto Beans LS	
Kidney Beans	
Black Beans LS	
Refried Beans	
Garbanzo beans (chickpeas)*	
Blackeyed Peas LS*	

Dried Beans	
Navy Beans (1lb bag)	

Canned Tomatoes	
Tomato sauce	

Cereals	
Honey Nut Cheerios	

Miscellaneous	
Guacamole Mix	
Saltines <i>(limit 1)</i>	
Snack Crackers <i>(limit 1)</i>	
Fruit Snacks	
Granola Bars	
Peanut Butter *	
Grape Jelly	

Available Toiletries	
<i>(limit 1 of each item)</i>	
Hand Sanitizer	
Dental Floss	
Bladder briefs S, M, L, XL, 3XL	
MENS Bladder Briefs S, L, XXL	
BABY Diapers - Sz 2, 3,	

Indicates a healthy pantry selection

* USDA Product (TEFAP required items)

LS = Low Sodium NS = No Salt