

FIRST &amp; LAST NAME: \_\_\_\_\_ Wk of 10/28/24

1. **Bonus Selections: 2% Milk (1 Gallon) AND Frozen Blueberries (3 lbs)**2. **Meat Selection (choose only ONE): Ground Turkey OR Alaskan Pollock OR Pork Taco Filling**  
(1 lb) (2 lbs, fillet portions) (2 lbs, fully cooked)

3. **Please Note:** This is a choice-based food pantry list giving you the option to **select ANY of the items listed below** that you need, **choosing no more than 2 of any single item** (exceptions: items indicated as "limit 1" and available toiletries also limited to 1 per item). Items will be available while they last; orders not picked up by Friday will be returned to inventory. **\*\*\*NO THURSDAY EVENING HOURS THIS WEEK\*\*\***

**Canned Meat:**

Tuna (5 oz)

**Heat & Serve:**

Chunky Beef Vegetable Soup (limit 1)

Chunky Chicken Noodle Soup

Chili w/ Beans (limit 1)

**Canned Vegetables:**

Carrots ☺

Cream-Style Corn

Whole Kernel Corn ☺

Green Beans\* ☺

Potatoes\*

Mixed Vegetables ☺

Peas ☺

**One-Dish Pasta Meals:**

Hamburger Helper

Tuna Helper

Macaroni &amp; Cheese

Taco Mac

**Pasta/Noodles/Rice:**

Spaghetti Noodles (limit 1, 1 lb)

Egg Noodles (limit 1, 16 oz)

Elbow Macaroni

Long Grain Rice (2 lbs)

Ramen Noodles (chicken flavored)

**Baking/Breakfast:**

Pancake Mix

Syrup (24 oz)

Corn Muffin Mix

Apple Cinnamon Muffin Mix

Strawberry Jello

**Canned Fruits**

Pears (limit 1)

Mandarin Oranges (limit 1)

Mixed Fruit

Applesauce (limit 1)

**Condensed Soups:**

Vegetable Soup

Tomato Soup

Chicken Noodle Soup

Cream of Chicken Soup

Cream of Mushroom Soup

**Canned Beans:**

Pork and Beans

Chili Beans

Kidney Beans

Black Beans

Refried Beans

Baked Beans (15 oz, limit 1)

**Dry Beans:**

Lentils\* ☺ (1 lb bag)

Pinto Beans\* ☺ (1 lb bag)

Green Split Peas\* ☺ (2 lb bag)

Yellow Split Peas\* ☺ (2 lb bag)

**Nuts/Dried Fruit:**

Raisins\* ☺ (15 oz)

**Canned Tomatoes:**

Diced Tomatoes\* ☺

Tomato Sauce (8 oz)

**Cereals:**

Cheerios

Honey Nut Cheerios

Multi-Grain Cheerios

**Misc:**

Concord Grape Juice (64 oz)

Creamy Peanut Butter

Grape Jelly

Fruit Snacks

**Available Toiletries - limit 1 per item**BABY Diapers - Size 2 OR Size 3

Dental Floss

Toothbrush