

FIRST & LAST NAME: \_\_\_\_\_

Wk of 12/11/23

## REMINDER: The Food Pantry will be closed December 18th thru December 26th

**Frozen Meat (choose ONE): Whole Young Chicken (approx 3-4 lbs) OR Chicken Drumsticks (5 lb bag)**

**Please Note:** This is a choice-based food pantry list giving you the option to select **ANY of the items listed below** that you need, **choosing no more than 2 of any single item** (exceptions: items indicated as "limit 1" and available toiletries also limited to 1 per item). Items will be available while they last; orders not picked up by Friday will be returned to inventory.

### **Heat & Serve Meals:**

Chunky Chicken Noodle Soup (limit 1)  
Beef Chili w/ Beans (limit 1)  
Chicken Chili w/ Beans  
Spaghetti O's

### **Canned Fruit**

Pears  
Mandarin Oranges (limit 1, 15 oz)  
Apricot Halves\* (limit 1, 15 oz)  
Peaches  
Mixed Fruit

### **Nuts/Dried Fruit:**

Raisins\* (15 oz box)  
Date Pieces\* (1 lb)  
Almonds\* (2 lbs)  
Hazelnuts\* (1 lb)  
Walnuts\* (1 lb)

### **Canned Vegetables:**

Carrots  
Sweet Corn & Peppers  
Whole Kernel Corn  
Green Beans  
Potatoes  
Mixed Vegetables  
Peas  
Black Eye Peas  
Sweet Potatoes

### **Soup:**

Vegetable Soup  
Tomato Soup  
Cream of Chicken

### **Misc:**

Saltine Crackers (2 sleeves; 10.6 oz)  
Creamy Peanut Butter\* (16 oz)  
Grape Jelly  
Strawberry Preserves  
Fruit Snacks

### **One-Dish Pasta Meals:**

Mac & Cheese  
Taco Mac  
Black Beans & Rice

### **Canned Beans:**

Pork & Beans  
Pinto Beans  
Kidney Beans  
Black Beans (limit 1)  
3 Bean Blend (pinto, kidney, black)  
Refried Beans  
Chickpeas/Garbanzo Beans

### **Available Toiletries - limit 1 per item**

BABY Diapers, Size 3  
Dental Floss  
Men's Deodorant  
Tampons (Regular, 20-ct)  
Toothpaste  
Toothbrush

### **Boxed Pasta/Noodles/Rice:**

Red Beans & Rice (15 oz can)  
Egg Noodles  
Long Grain White Rice (2 lbs)  
Instant Mashed Potatoes (4 oz)

### **Dry Beans:**

Great Northern Beans\* (1 lb)  
Lentils\* (2 lbs)  
Pinto Beans\* (1 lb)

### **Tomatoes:**

Diced Tomatoes  
Tomato Sauce (15 oz)

\*USDA Product (TEFAP required items)