

FIRST & LAST NAME: _____

Wk of 02/06/23

Bonus Item(s): ½ Gallon Skim Milk

Pantry Recipe: Easy (Venison) Shepherd's Pie

Frozen Meat: Ground Venison (2 lbs) OR Chicken Drumsticks (5 lbs)

★ **Temporary Change:** Due to low inventory, limited supplies, and product availability we ask that you **select any of the items listed below** that you need, **choosing no more than 1 of any single item (canned vegetables & beans exception: choose up to 2 of any single item)**. Items will be available while they last; orders not picked up by Friday will be returned to inventory. Please circle your choices (no more than one of any single item) below, selecting whatever you need this week.

Heat-n-Serve Meals:

Vegetable Beef Stew*
Chunky Chicken Noodle Soup
Spaghettios/Spaghetti Rings
Pasta w/ meat & tomato sauce

Canned Vegetables Qty limit 2:

Carrots*
Cream Style Corn (8.25 oz)
Whole Kernel Corn
Green Beans*
Potatoes (Qty Limit 1)
Mixed Vegetables
Peas
Black Eye Peas*

One-Dish Pasta Meals:

Hamburger Helper
Tuna Helper
Taco Mac
Mac & Cheese*
Black Beans & Rice

Boxed Pasta/Noodles/Rice:

Spaghetti/Pasta Sauce*
Spaghetti Noodles
Elbow Macaroni
Egg Noodles
Scalloped Potatoes
Long Grain White Rice*

Baking:

Corn Muffin Mix
Blueberry Muffin Mix

White Cake Mix

Frosting: Chocolate **OR** White
Pudding: Chocolate **AND** Vanilla
Spices: Basil **AND** Oregano

Canned Fruit

Pineapple
Mandarin Oranges
Pears
Mixed Fruit*
Applesauce (sweetened **or** unsweetened)
Cranberry Sauce (jellied)

Soup:

Vegetable
Tomato
Cream of Broccoli & Cheese
Chicken Noodle Soup
Cream of Chicken
Cream of Mushroom*

Tomatoes:

Tomato Sauce (8oz)*
Diced Tomatoes*

Canned Beans Qty Limit 2:

Pork & Beans
Black Beans*
Pinto Beans* (Qty Limit 1)
Chili Beans (Qty Limit 1)
Kidney Beans*
Refried Beans*
Baked Beans
Vegetarian Beans* (in tomato sauce)

Dry Beans:

Lentils (1lb)
Pinto Beans (1lb)*
Navy Beans (1lb)
Great Northern Beans (1 lb)

Cereal:

Cheerios
Honey Nut Cheerios

Misc:

Fruit Snacks
Creamy Peanut Butter*
Raisins (6ct snack packs)*
Raisins (15 oz box)
Walnuts (2 lbs, shelled)*
Almonds (2 lbs, shelled)*
Pitted Whole Dates (1 lb pkg)*

Choose Only 1 Item From List:

- Chunky Vegetable Beef Soup
- Instant Potatoes
- Pancake Mix
- Chocolate Cake Mix
- Crunchy Granola Bars

Available Toiletries:

Baby Wipes
Bar Soap **OR** Liquid Hand Soap
Dental Floss
Hand Sanitizer
Razor
All-Purpose Stain Remover

*USDA Product (TEFAP required)

Additional Toiletries on the back (over) →

Please Specify Size/Type:

Men's Bladder Control Products

Women's Bladder Control Products

Diapers (Qty limit 2):

Preemie

Newborn

Size 1

Size 3

Size 4

Size 5