

FIRST & LAST NAME: _____

Wk of 11/07/22

4 Bonus Items Available: **Shelled Walnuts (1lb)** **AND** **Corn Tortillas (10ct)**
AND **Whole Carrots (approx 1.5 lbs)** **AND** **Potatoes (approx 2.5 lbs)**

Frozen Meat: Freezer Cleanout Selection Link: <https://forms.gle/PQD58uUuh3ZNfRDs8>

★ **Temporary Change:** due to low inventory, limited supplies, and product availability we ask that you **select any of the items listed below that you need, choosing no more than 1 of any single item (canned vegetables & beans exception: choose up to 2 of any single item)**. Items will be available while they last; orders not picked up by Friday will be returned to inventory. Please circle your choices (no more than one of any single item) below, selecting whatever you need this week.

Heat-n-Serve Meals:

- Vegetable Beef Stew
- Chili, No Beans
- Chunky Beef Vegetable Soup
- Chunky Chicken Noodle Soup
- Beef Ravioli
- Spaghettios/Spaghetti Rings
- Pasta w/ meat & tomato sauce

- Spaghetti Noodles
- Elbow Macaroni
- Assorted Ramen Noodles
- Long Grain White Rice

Choose Only One (1):

- Asst Pasta Noodles
- Flavored Rice Sides

Baking:

Choose Only One (1):

- Instant Dry Milk
- Pancake Mix
- Syrup
- Corn Muffin Mix
- Mixed Berry Muffin Mix
- Chocolate Frosting

- Orange Jello
- Cherry Jello
- Spices: ~Black Pepper ~Basil
~Oregano ~Paprika

Fruits:

- Pineapple
- Peaches
- Applesauce

Soup:

- Vegetable
- Tomato

Canned Vegetables Qty limit 2:

- Carrots
- Cream Style Corn
- Whole Kernel Corn
- Green Beans
- Potatoes
- Spinach
- Mixed Vegetables
- Peas
- Black Eye Peas

One-Dish Pasta Meals:

- Hamburger Helper
- Tuna Helper
- Taco Mac
- Mac & Cheese
- Black Beans & Rice

Boxed Pasta/Noodles/Rice:

- Pasta Sauce

Cream of Mushroom

Tomatoes:

- Tomato Sauce (8oz)
- Diced Tomatoes

Canned Beans Qty Limit 2:

- Pork & Beans
- Black Beans
- Pinto Beans
- Chili Beans
- Kidney Beans
- Refried Beans
- Baked Beans
- Vegetarian Beans (in tomato sauce)

Dry Beans:

- Lentils (1lb)
- Pinto Beans (1 lb)
- Navy Beans (1lb)
- Great Northern Beans (2 lbs)

Misc:

- Creamy Peanut Butter
- Fruit Snacks
- Raisins (15oz box)
- Raisins (6ct snack packs)
- Pitted Whole Dates (1lb pkg)

Toiletries on the back side. → →

Available Toiletries:

Dental Floss

Hand Sanitizer

Toothbrush

Diapers (up to 2 pkgs)

specify size how many

- Newborn _____
- Size 1 _____
- Size 2 _____
- Size 3 _____
- Size 4 _____
- Size 5 _____
- Size 6 _____
- Size 7 _____

Pull-Ups / Youth Day/Night

- Yth S/M Day/Night Underwear
- Yth L/XL Day/Night Underwear
- Yth L/XL Nighttime Underwear