

FIRST & LAST NAME: \_\_\_\_\_

Wk of 07/11/22

Bonus Item: Quick & Easy Summer Meal Kit

**Canned Meat: Tuna OR Chicken OR Salmon OR Pork**

Please circle your choices below, selecting whatever you need this week. If you'd like two of something, write the number 2 beside it. **Please choose no more than 2 of a single item, and limit 1 for any item with an asterisk (\*) next to it.** Due to limited supplies, items will be available while they last; orders not picked up by Friday will be returned to inventory the following Monday. **Toiletries on Back** → → →

**Heat-n-Serve Meals:**

Vegetable Beef Stew  
Vegetarian Chili w/ Beans  
Chicken Chili w/ Beans  
Chunky Beef Vegetable Soup  
Spaghetti with Meatballs  
Macaroni in tomato & meat sauce

**Vegetables:**

Carrots  
Cream Style Corn (8.25oz)  
Whole Kernel Corn  
Green Beans  
Potatoes  
Mixed Vegetables  
Peas

**One-Dish Pasta Meals:**

Hamburger Helper  
Tuna Helper  
Taco Mac  
Pasta & Tomato Sauce  
Mac & Cheese

**Boxed Pasta/Noodles/Rice:**

Egg Noodles  
Pasta Sauce  
Instant Potatoes  
Assorted White Rice  
Beef Flavored Rice\*  
Chicken Flavored Rice\*  
Spanish Flavored Rice

**Baking:**

Quick Cook Oats  
Instant Oatmeal\* (regular & assorted)  
Instant Dry Milk  
Syrup  
Apple Cinnamon Muffin Mix  
Blueberry Muffin Mix  
Corn Muffin Mix\*  
Cake Mix - White and Chocolate  
Frosting - White or Chocolate\*  
Fig Pieces  
Raisins (15oz)  
Jello - Orange\*  
Spices: Tarragon ~ Allspice ~  
Crushed Red Pepper\*

**Fruits:**

Pineapple  
Pears  
Mandarin Oranges\*  
Apricot Halves  
Mixed fruit  
Applesauce (unsweetened)

**Soup:**

Vegetable  
Tomato  
Cream of Broccoli and Cheese  
Chicken Noodle\*  
Cream of Chicken  
Cream of Mushroom\*

**Tomatoes:**

Tomato Sauce (8oz)  
Diced Tomatoes

**Beans:**

Pork & Beans  
Black Beans  
Chili Beans  
Kidney Beans  
Refried Beans  
Baked Beans  
Vegetarian Beans (in Tomato Sauce)  
Lentils (dry)

**Cereal:**

Cheerios  
Multi-Grain Cheerios\*

**Misc:**

Creamy Almond Butter  
Creamy Peanut Butter\*  
Raisins (6ct Snack Packs)  
Fruit Snacks  
Birthday Party-in-a-Bag

Select One:

- Child: Boy  
 Child: Girl

**Toiletries:**

***Total number of items: whatever you need this week. However, LIMIT 1 of a single item unless otherwise stated:***

Bar Soap

Dental Floss

Diapers/Pull-Ups

**specify size please:**

- NB - 1 - 2 - 3 - 4
- 2T/3T Pull-ups (Princess)
- Yth L/XL Day/Night Underwear
- Yth L/XL Nighttime Underwear

Feminine Hygiene Pads

Hand Sanitizer

Tampons

Toothbrush - choose quantity

1 - 2 - 3 - 4 - 5 - 6