

~Please Note: Toiletries on Page 2~ FIRST & LAST NAME: _____

Canned Meat: Tuna or Chicken or Salmon

Bonus Items: 1 Gallon Milk ~ 2lb Block American Cheese ~ Frozen Peas

Please circle your choices below. If you'd like two of something, write the number 2 beside it.
Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Ready Made Meals:

Beef Stew

Ravioli

Vegetables:

Carrots

Creamed corn

Regular corn

Green beans

Sweet Potatoes

Mixed Vegetables

Peas

Boxed Pasta/Noodles/Rice:

Hamburger Helper

Tuna Helper

Taco Mac

Mac & cheese

Egg Noodles

Spaghetti Noodles

Spaghetti Sauce

Instant Potato Flakes

Roasted Garlic Potato Flakes

Stuffing Mix

Brown Gravy Mix

Baking:

Instant Oatmeal - Original

Instant Oatmeal - Apple Cinnamon

Instant Oatmeal - Maple Brown Sugar

Rolled Quick Oats

Instant Dry Milk

Syrup

Brownie Mix

Frosting - Chocolate or White

Corn Muffin Mix

Vanilla Pudding

Vegetable Oil

Palm Oil

Fruits:

Pears

Peaches

Mixed fruit

Cranberry Sauce

Soup:

Vegetable

Tomato

Cream of Mushroom

Chili with Beans

Beans:

Pork 'n Beans

Pinto Beans

Chickpeas

Kidney Beans

Black Beans

Baked Beans

Dried Fruit/Nuts:

Raisins

Fig Pieces

Tomato products

Diced Tomatoes

Cereal:

Corn Biscuits

Corn Flakes

Wheat Bran

Shredded Wheat

Lucky Charms

Pumpkin Spice Mini Wheats

Misc

Saltines

Snack Crackers

Pop Chips

Peanut butter - Creamy

Grape Jelly

Granola Bars

Fruit Snacks

Baby Food/Formula

Toiletries:

Total number of items: whatever you need this week. However, LIMIT 1 of a single item:

2-in-1 Hair & Body Wash

Alcohol/Disinfectant Wipes

Baby Wipes

Bar Soap

Bleach

Dental Floss

Deodorant (for Men or Women)

Diapers (Newborn - size 6 & Pull-ups)

Hand Sanitizer

Hand Soap

Feminine Pads

Kids Face Masks

Kleenex

PPE Kit

Razor

Shaving Cream

Tampons

Toilet Paper

Toothbrush

Toothpaste