

FIRST & LAST NAME: _____

Frozen Meat (please select only one): Fish Sticks OR Hamburger

Bonus Items: Eggs AND Frozen Blueberries AND Frozen Corn AND Frozen Peas

Tip: Try adding the blueberries to a bowl of oatmeal!

Please circle your choices below. If you'd like two of something, write the number 2 beside it.

Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Vegetables:

Creamed corn
Regular corn
Green beans
Sweet Potatoes
Mixed Vegetables
Peas

Fruits:

Pears
Peaches
Mixed fruit

Soup:

Vegetable
Tomato

Misc

Pop Chips
Peanut butter - Creamy
Grape Jelly
Granola Bars
Fruit Snacks
Baby Food/Formula

Boxed Pasta/Noodles/Rice:

Hamburger Helper
Tuna Helper
Taco Mac
Mac & cheese
Egg Noodles
Spaghetti Noodles
Spaghetti Sauce
Roasted Garlic Potato Flakes

Cream of Chicken
Cream of Mushroom
Chili with Beans

Beans:

Pinto Beans
Chickpeas
Black Beans
Baked Beans

Dried Fruit/Nuts:

Raisins
Fig Pieces

Tomato products

Diced Tomatoes

Cereal:

Corn Biscuits
Corn Flakes
Wheat Bran
Shredded Wheat

Toiletries:

Total number of items: whatever you need this week. However, LIMIT 1 of a single item:

Alcohol/Disinfectant Wipes
Baby Wipes
Bar Soap
Dental Floss
Deodorant (for Men)
Diapers (Newborn - size 6 & Pull-ups)
Hand Sanitizer
Hand Soap
Feminine Pads
Kids Face Masks
PPE Kit
Razor
Shaving Cream
Tampons
Toothbrush
Toothpaste

Baking:

Instant Oatmeal - Original
Instant Oatmeal - Flavored
Rolled Quick Oats
Instant Dry Milk
Syrup
Frosting - Chocolate
Corn Muffin Mix
Vegetable Oil
Palm Oil