

FIRST & LAST NAME: _____

Frozen Meat: HAMBURGER OR CHICKEN SAUSAGE

Bonus Item: ½ gallon of 2% milk

*Please circle your choices below. If you'd like two of something, write the number 2 beside it.
Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

Ready Made Meals:

Beef Stew
Pasta with Meat Sauce
Pasta in Tomato Sauce

Pancake mix
Syrup
Chocolate Frosting
Apple Cinnamon Muffin Mix
Vanilla Pudding

Dried Fruit/Nuts:

Raisins
Fig Pieces

Vegetables:

Carrots
Creamed corn
Regular corn
Green beans
Potatoes
Mixed Vegetables
Peas

Fruits:

Pears
Peaches
Mixed fruit

Tomato products

Diced Tomatoes

Cereal:

Cheerios
Corn Biscuits
Corn Flakes
Crisp Rice
Wheat Bran

Boxed Pasta/Noodles/Rice:

Hamburger Helper
Tuna Helper
Taco Mac
Mac & cheese
Misc Pasta Noodles
Spaghetti Noodles
Spaghetti Sauce
Long Grain White Rice
Misc. Rice Sides
Instant Potato Flakes

Soup:

Vegetable
Tomato
Cream of Chicken
Cream of Mushroom
Chicken Noodle
Chili with Beans

Misc

Pita Chips
Peanut butter - Creamy
Grape Jelly
Strawberry Preserves
Palm Oil
Fruit Snacks
Granola Bars
Baby Food/Formula
Birthday Kit

Baking:

Rolled Oats
Instant Dry Milk

Beans:

Pork 'n Beans
Pinto Beans
Chickpeas
Chili Beans
Kidney Beans
Black Beans
Baked Beans

Toiletries on page 2

Toiletries:

*Total number of items: whatever
you need this week. However,
LIMIT 1 of*

a single item:

Paper Towels

Hand Sanitizer

Hand Soap

Alcohol Wipes

Diapers (Newborn - size 6 & Pull-ups)

Baby Wipes

Men's Deodorant

Razor

Dental Floss

Toothbrush

Toothpaste

2 in 1 Hair/Body Wash

Bar Soap

Panty Liners

Maxi Pads

Tampons

PPE Kit