

FIRST & LAST NAME: \_\_\_\_\_

**NO MILK**

**Frozen Meat: GRILLED CHICKEN STRIPS or HAMBURGER**

**Frozen Bonus Items: MIXED PEPPERS & ONIONS & EGG PRODUCT**

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*Please circle your choices below. If you'd like two of something, write the number 2 beside it.*

*Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

**Canned Pasta**

Ravioli  
Pasta Rings in Tomato  
Sauce

**Vegetables:**

Carrots  
Creamed corn  
Regular corn  
Green beans  
Potatoes  
Mixed Vegetables  
Peas

**Boxed Pasta/Noodles/Rice:**

Hamburger Helper  
Tuna Helper  
Taco Mac  
Mac & cheese  
Elbow Macaroni  
Egg Noodles  
Spaghetti Noodles  
Spaghetti Sauce  
Instant Potatoes  
Long Grain White Rice

**Misc:**

Quick Cook Oats  
Instant Oatmeal  
Instant Dry Milk  
Pancake mix  
Syrup  
White Frosting  
Chocolate Frosting  
Brownie Mix  
Corn Muffin Mix  
Apple Cinnamon Muffin Mix  
Blueberry Muffin Mix  
Chocolate Pudding  
Vanilla Pudding

**Fruits:**

Pineapple  
Pears  
Mandarin Oranges  
Peaches  
Mixed fruit  
Applesauce

**Soup:**

Chunky Vegetable  
Tomato  
Cream of Chicken  
Cream of Mushroom  
Chicken Noodle  
Chunky Chicken Noodle  
Chunky Beef

**Beans:**

Pork 'n Beans  
Pinto Beans  
Chickpeas  
Chilli Beans  
Kidney Beans  
Black Beans  
Baked Beans  
Refried Beans

**Misc:**

1 lb Shelled Walnuts  
Raisins  
Fig Pieces

***Continued on back page***

### **Tomato products**

Diced Tomatoes

Tomato Sauce

### **Cereal:**

Cheerios

Corn Biscuits

Corn Flakes

Crisp Rice

Crispy Hexagons

Shredded Wheat

Wheat Bran

### **Misc**

Orange Juice

Saltines

Snack Crackers

Peanut butter - Creamy

Grape Jelly

Strawberry Preserves

Palm Oil

Fruit Snacks

Granola Bars

Trail Mix

Baby Food/Formula

### **Toiletries:**

*Total number of items:*

*whatever you need this*

*week. However, LIMIT 1 of*

*a single item:*

Paper Towels

Hand Sanitizer

Disinfectant Cleaner

Alcohol Wipes

Diapers (Infant & Adult sizes)

Baby Wipes

Hand Soap

Women's Deodorant

Men's Deodorant

Dental Floss/Flossers

Toothbrush

Toothpaste

Conditioner

Body Wash

Bar Soap

Feminine Pads

Tampons

Kids Face Masks (ages 4+)

PPE Kit includes:

- hand sanitizer
- 2 masks
- 2 pr gloves
- 3 alcohol wipes