

FIRST & LAST NAME: _____

NO MILK

Canned Meat: TUNA or CHICKEN or SALMON

Frozen Bonus Items: SHREDDED MILD CHEDDAR CHEESE and FARM FRESH EGGS (1 dozen)

Please circle your choices below. If you'd like two of something, write the number 2 beside it.

Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta

Ravioli
Pasta Rings in Tomato Sauce

Vegetables:

Carrots
Creamed corn
Regular corn
Green beans
Potatoes
Mixed Vegetables
Peas

Boxed Pasta/Noodles/Rice:

Hamburger Helper
Tuna Helper
Taco Mac
Mac & cheese
Elbow Macaroni
Egg Noodles
Spaghetti Noodles
Spaghetti Sauce
Instant Potatoes
Long Grain White Rice

Misc:

Quick Cook Oats
Instant Oatmeal
Instant Dry Milk
Pancake mix
Syrup
White Frosting
Chocolate Frosting
Brownie Mix
Corn Muffin Mix
Apple Cinnamon Muffin Mix
Blueberry Muffin Mix
Chocolate Pudding
Vanilla Pudding

Fruits:

Pineapple
Pears
Mandarin Oranges
Peaches
Mixed fruit
Applesauce

Soup:

Chunky Vegetable
Tomato
Cream of Chicken
Cream of Mushroom
Chicken Noodle
Chunky Chicken Noodle

Beans:

Pork 'n Beans
Pinto Beans
Chickpeas
Chili Beans
Kidney Beans
Black Beans
Baked Beans
Refried Beans

Misc:

1 lb Shelled Walnuts
Raisins
Fig Pieces

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Tomato products

Diced Tomatoes

Tomato Sauce

Cereal:

Cheerios

Corn Biscuits

Corn Flakes

Crisp Rice

Crispy Hexagons

Shredded Wheat

Wheat Bran

Misc

Orange Juice

Saltines

Snack Crackers

Peanut butter - Creamy

Grape Jelly

Strawberry Preserves

Palm Oil

Fruit Snacks

Granola Bars

Trail Mix

Baby Food/Formula

Toiletries:

Total number of items:

whatever you need this

week. However, LIMIT 1 of

a single item:

Toilet Paper

Hand Sanitizer

Disinfectant Cleaner

Alcohol Wipes

Diapers (Newborn - size 7 & Pull-ups)

Baby Wipes

Women's Deodorant

Men's Deodorant

Dental Floss/Flossers

Toothbrush

Toothpaste

Conditioner

Bar Soap

Feminine Pads

Tampons

Incontinence Underwear

Kids Face Masks (ages 4+)

PPE Kit includes:

- hand sanitizer
- 2 masks
- 2 pr gloves
- 3 alcohol wipes