

FIRST & LAST NAME: \_\_\_\_\_

Milk: 2% GALLON

Canned Meat: TUNA or CHICKEN or SALMON or BEEF STEW

FRESH PRODUCE

Mealkit: Cheesy Tuna Casserole

Please circle your choices below. If you'd like two of something, write the number 2 beside it.  
Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

**Canned Pasta**

Pasta Rings in Tomato Sauce  
Ravioli

**Vegetables:**

Carrots  
Creamed corn  
Regular corn  
Green beans  
Potatoes  
Mixed Vegetables  
Peas

**Boxed Pasta/Noodles/Rice:**

Hamburger Helper  
Tuna Helper  
Taco Mac  
Mac & cheese  
Elbow Macaroni  
Egg noodles  
Spaghetti Noodles  
Spaghetti Sauce  
Instant Potatoes  
Long Grain White Rice

**Misc:**

Quick Cook Oats  
Instant Oatmeal Variety Pack  
Instant Dry Milk  
Pancake mix  
Syrup  
White Cake Mix  
White Frosting  
Chocolate Frosting

Corn Muffin Mix  
Apple Cinnamon Muffin Mix  
Blueberry Muffin Mix  
Jello: Cherry or Orange

**Fruits:**

Pears  
Mandarin Oranges  
Peaches  
Mixed fruit  
Applesauce

**Soup:**

Chunky Vegetable  
Tomato  
Cream of Mushroom  
Chicken Noodle  
Chunky Chicken Noodle  
Chunky Beef

**Beans:**

Pork 'n Beans  
Pinto Beans  
Chickpeas  
Chili Beans  
Kidney Beans  
Black Beans  
Refried Beans

**Misc:**

1 lb Shelled Walnuts  
Raisins  
Fig Pieces  
Yellow Split Peas(dry)

**Tomato products**

Diced Tomatoes  
Tomato Sauce

**Cereal:**

Cheerios  
Honey Nut Cheerios  
Corn Biscuits  
Corn Flakes  
Crisp Rice  
Crispy Hexagons  
Wheat Bran

**Misc**

Saltines  
Peanut butter - Creamy  
Palm Oil  
Fruit Snacks  
Salted Pop Chips  
Granola Bars

**Toiletries:**

Bar Soap  
or  
Mouthwash  
or  
Hand Sanitizer  
or  
Disposable Kids Face Masks