

NAME: \_\_\_\_\_

**NO MILK**

**Canned Meat: TUNA or CHICKEN or SALMON or BEEF STEW**

**ASK ABOUT FRESH PRODUCE**

**MEAL KIT: OATMEAL RAISIN COOKIES**

*Please circle your choices below. If you'd like two of something, write the number 2 beside it.*

*Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

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**Canned Pasta**

Pasta Rings in Tomato Sauce

Ravioli

**Vegetables:**

Carrots

Creamed corn

Regular corn

Green beans

Potatoes

Mixed Vegetables

Peas

**Boxed Pasta/Noodles/Rice:**

Hamburger Helper

Tuna Helper

Taco Mac

Mac & cheese

Elbow Macaroni

Egg noodles

Spaghetti Noodles

Spaghetti Sauce

Instant Potatoes

Long Grain White Rice

**Misc:**

Quick Cook Oats

Instant Oatmeal Variety Pack

All Purpose Flour

Pancake mix

Syrup

White Cake Mix

White Frosting

Chocolate Frosting

Corn Muffin Mix

Apple Cinnamon Muffin Mix

Blueberry Muffin Mix

Brownie Mix

Jello: Cherry or Orange

**Fruits:**

Pineapple

Pears

Mandarin Oranges

Peaches

Mixed fruit

Applesauce

**Soup:**

Chunky Vegetable

Tomato

Cream of Chicken

Cream of Mushroom

Chicken Noodle

Chunky Chicken Noodle

Chunky Beef

**Beans:**

Pinto Beans

Chickpeas

Chili Beans

Kidney Beans

Black Beans

Baked Beans

Refried Beans

**Misc:**

1 lb Shelled Walnuts

Raisins

Yellow Split Peas(dry)

**Tomato products**

Tomato Sauce

**Cereal:**

Cheerios

Honey Nut Cheerios

Corn Biscuits

Corn Flakes

Crisp Rice

Crispy Hexagons

Shredded Wheat

Wheat Bran

Raisin Bran

Crunch Berries (limit one)

Oops, All Berries (limit one)

**Misc**

Snack Crackers

Peanut butter - Creamy

Grape Jelly

Strawberry Preserves

Palm Oil

Fruit Snacks

Salted Pop Chips

Granola

**Toiletries:**

Bar Soap

or

Shampoo Conditioner