

FIRST & LAST NAME: \_\_\_\_\_

**MILK - 2% GALLON**

**Frozen Meat: FISH STICKS or GROUND PORK**

**Bonus: GRAPES BUTTER 2# BLOCK AMERICAN CHEESE HOT DOG BUNS FRESH PRODUCE**

*Please circle your choices below. If you'd like two of something, write the number 2 beside it.*

*Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

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**Canned Pasta**

Pasta Rings in Tomato Sauce  
Ravioli

**Vegetables:**

Carrots  
Creamed corn  
Regular corn  
Green beans  
Potatoes  
Mixed Vegetables  
Peas

**Boxed Pasta/Noodles/Rice:**

Hamburger Helper  
Tuna Helper  
Taco Mac  
Mac & cheese  
Elbow Macaroni  
Egg noodles  
Spaghetti Noodles  
Spaghetti Sauce  
Instant Potatoes  
Long Grain White Rice

**Misc:**

Quick Cook Oats  
Instant Oatmeal Variety Pack  
All Purpose Flour  
Pancake mix  
Syrup  
White Cake Mix  
White Frosting  
Chocolate Frosting  
Corn Muffin Mix

Apple Cinnamon Muffin Mix  
Blueberry Muffin Mix  
Brownie Mix  
Jello: Cherry or Orange

**Fruits:**

Pineapple  
Pears  
Mandarin Oranges  
Peaches  
Mixed fruit  
Applesauce

**Soup:**

Chunky Vegetable  
Tomato  
Cream of Chicken  
Cream of Mushroom  
Chicken Noodle  
Chunky Chicken Noodle  
Chunky Beef

**Beans:**

Pork 'n Beans  
Pinto Beans  
Chickpeas  
Chili Beans  
Kidney Beans  
Black Beans  
Baked Beans  
Refried Beans

**Misc:**

1 lb Shelled Walnuts  
Raisins  
Yellow Split Peas(dry)

**Tomato products**

Diced Tomatoes  
Tomato Sauce

**Cereal:**

Cheerios  
Honey Nut Cheerios  
Corn Biscuits  
Corn Flakes  
Crisp Rice  
Crispy Hexagons  
Shredded Wheat  
Wheat Bran  
Crunch Berries (limit one)  
Oops, All Berries (limit one)

**Misc**

Saltines  
Snack Crackers  
Peanut butter - Creamy  
Grape Jelly  
Strawberry Preserves  
Palm Oil

Fruit Snacks  
Salted Pop Chips  
Granola Bars

**Granola**

**Toiletries:**

Tampons  
or  
Deodorant  
Please choose:  
Men's or Women's