

FIRST & LAST NAME: \_\_\_\_\_

**Frozen Meat: SHRIMP or TURKEY BOLOGNA or GROUND BEEF**

**Bonus: BUTTER 2# BLOCK AMERICAN CHEESE**

**FRESH PRODUCE**

*Please circle your choices below. If you'd like two of something, write the number 2 beside it.*

*Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

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**Canned Pasta**

Pasta Rings in Tomato Sauce

Ravioli

**Vegetables:**

Carrots

Creamed corn

Regular corn

Green beans

Potatoes

Mixed Vegetables

Peas

**Boxed Pasta/Noodles/Rice:**

Hamburger Helper

Tuna Helper

Taco Mac

Mac & cheese

Elbow Macaroni

Egg noodles

Spaghetti Noodles

Spaghetti Sauce

Instant Potatoes

Long Grain White Rice

**Misc:**

Quick Cook Oats

Instant Oatmeal Variety Pack

Pancake mix

Syrup

White Cake Mix

White Frosting

Chocolate Frosting

Corn Muffin Mix

Apple Cinnamon Muffin Mix

Blueberry Muffin Mix

Brownie Mix

Jello: Cherry or Orange

**Fruits:**

Pears

Mandarin Oranges

Peaches

Mixed fruit

Applesauce

**Soup:**

Chunky Vegetable

Tomato

Cream of Mushroom

Chicken Noodle

Chunky Chicken Noodle

Chunky Beef

**Beans:**

Pork 'n Beans

Pinto Beans

Chickpeas

Chili Beans

Kidney Beans

Black Beans

Baked Beans

Refried Beans

**Misc:**

1 lb Shelled Walnuts

Raisins

Yellow Split Peas(dry)

**Tomato products**

Diced Tomatoes

Tomato Sauce

**Cereal:**

Cheerios

Honey Nut Cheerios

Corn Biscuits

Corn Flakes

Crisp Rice

Crispy Hexagons

Wheat Bran

**Misc**

Saltines

Peanut butter - Creamy

Strawberry Preserves

Palm Oil

Fruit Snacks

Salted Pop Chips

Granola Bars

Granola

**Toiletries:**

Razors

or

Baby Diapers & Wipes

(please indicate diaper size)