

NO MILK **ASK ABOUT FRESH PRODUCE!** **Frozen Meat: HOT DOGS or TURKEY MEATBALLS**

Bonus: BUTTER HAMBURGER BUNS SLICED BREAD **Meal Kit: SHEPHERD'S PIE**

*Please circle your choices below. If you'd like two of something, write the number 2 beside it.
Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

Canned Pasta

Pasta Rings in Tomato Sauce

Vegetables:

Carrots

Creamed corn

Regular corn

Green beans

Potatoes

Mixed Vegetables

Peas

Boxed Pasta/Noodles/Rice:

Hamburger Helper

Tuna Helper

Taco Mac

Mac & cheese

Elbow Macaroni

Egg noodles

Spaghetti Sauce

Instant Potatoes

Long Grain White Rice

Misc:

Quick Cook Oats

Instant Oatmeal Variety Pack

All Purpose Flour

Sugar

Pancake mix

Syrup

White Cake Mix

Chocolate Cake Mix

White Frosting

Chocolate Frosting

Corn Muffin Mix

Apple Cinnamon Muffin Mix

Blueberry Muffin Mix

All Purpose Baking Mix

Fruits:

Pears

Peaches

Mixed fruit

Soup:

Tomato

Cream of Chicken

Chicken Noodle

Beans:

Pork 'n Beans

Pinto Beans

Chickpeas

Chili Beans

Kidney Beans

Black Beans

Baked Beans

Refried Beans

Misc:

1 lb Shelled Walnuts

Yellow Split Peas(dry)

Tomato products:

Diced Tomatoes

Tomato Sauce

Cereal:

Cheerios

Honey Nut Cheerios

Corn Flakes

Crisp Rice

Crispy Hexagons

Corn Biscuits

Wheat Bran

Misc

Orange Juice

Peanut butter - Creamy

Grape Jelly

Garlic Powder

Palm Oil

Fruit Snacks

Salted Pop Chips

Toiletries:

Tampons

or

Diapers (Adult & Baby)

Please indicate size