

NO MILK

Frozen Meat: HAMBURGER or DELI TURKEY SLICES

Bonus: GRAPES

**Meal Kit: CHAMELEON'S SCOTCH EGGS
(Hard boiled egg wrapped in sausage and deep fried)**

ASK ABOUT FRESH PRODUCE

Please circle your choices below. If you'd like two of something, write the number 2 beside it.

Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta

Pasta Rings in Tomato Sauce
Ravioli

Vegetables:

Carrots
Creamed corn
Regular corn
Green beans
Potatoes
Mixed Vegetables
Peas

Boxed Pasta/Noodles/Rice:

Hamburger Helper
Tuna Helper
Taco Mac
Mac & cheese
Elbow Macaroni
Egg noodles
Spaghetti
Spaghetti Sauce
Instant Potatoes
Long Grain White Rice

Misc:

Quick Cook Oats
Instant Oatmeal Variety Pack
All Purpose Flour
Pancake mix
Syrup
White Cake Mix

White Frosting
Chocolate Frosting
Corn Muffin Mix
Apple Cinnamon Muffin Mix
Blueberry Muffin Mix
Brownie Mix
All Purpose Baking Mix
Jello: Cherry or Orange

Fruits:

Pineapple
Pears
Mandarin Oranges
Peaches
Mixed fruit
Applesauce

Soup:

Chunky Vegetable
Tomato
Cream of Chicken
Cream of Mushroom
Chicken Noodle
Chunky Chicken Noodle
Chunky Beef

Beans:

Pork 'n Beans
Pinto Beans
Chickpeas
Chili Beans
Kidney Beans
Black Beans

Baked Beans
Refried Beans

Misc:

1 lb Shelled Walnuts
Yellow Split Peas(dry)

Tomato products:

Diced Tomatoes
Tomato Sauce

Cereal:

Cheerios
Honey Nut Cheerios
Corn Biscuits
Corn Flakes
Crisp Rice
Crispy Hexagons
Shredded Wheat
Wheat Bran

Misc

Orange Juice
Snack Crackers
Peanut butter - Creamy
Strawberry Preserves
Palm Oil

Fruit Snacks
Salted Pop Chips
Granola Bars

Toiletries:

Bar Soap
or
Foaming Disinfectant Cleaner