

Canned Meat: TUNA or CHICKEN or SALMON or BEEF STEW Bonus Items: ALMONDS BREAD

**Fresh Produce: LETTUCE CHERRY TOMATOES CUCUMBERS RED PEPPERS
GREEN PEPPERS APPLES SLICES WHOLE APPLES**

Please circle your choices below. If you'd like two of something, write the number 2 beside it.

Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta

Ravioli
Pasta Rings in Tomato Sauce

Vegetables:

Carrots
Creamed corn
Regular corn
Green beans
Potatoes
Mixed Vegetables
Peas

Boxed Pasta/Noodles/Rice:

Hamburger Helper
Tuna Helper
Taco Mac
Mac & cheese
Elbow Macaroni
Egg noodles
Spaghetti Noodles
Spaghetti Sauce
Instant Potatoes
Long Grain White Rice

Misc:

Quick Cook Oats
Instant Oatmeal Variety Pack
All Purpose Flour
Sugar
Pancake mix
Syrup

White Cake Mix
Chocolate Cake Mix
White Frosting
Chocolate Frosting
Corn Muffin Mix
Apple Cinnamon Muffin Mix
Blueberry Muffin Mix
All Purpose Baking Mix

Pudding - Vanilla

Fruits:

Pineapple
Pears
Mandarin Oranges
Peaches
Mixed fruit
Jar of Applesauce

Soup:

Chunky Vegetable
Tomato
Cream of Chicken
Cream of Mushroom
Chicken Noodle
Chunky Beef

Beans:

Pork 'n Beans
Pinto Beans
Chickpeas
Chili Beans
Kidney Beans
Black Beans

Baked Beans
Refried Beans

Misc:

15 oz box Raisins
2 lbs Pistachios
1 lb Shelled Walnuts
Yellow Split Peas(dry)

Tomato products:

Diced Tomatoes
Tomato Sauce

Cereal:

Cheerios
Honey Nut Cheerios
Corn Flakes
Crisp Rice
Crispy Hexagons
Wheat Bran

Life Cereal

Misc

Orange Juice
Saltines
Snack Crackers
Peanut butter - Creamy
Grape Jelly
Strawberry Preserves
Granola Bars
Palm (vegetable) Oil
Trail Mix
Garlic Powder

Toiletries:

Toilet Paper or Alcohol Wipes