

Frozen Meat: Chicken Breast Fillets or Grilled Chicken Strips or Turkey

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta:

Pasta with Meatballs

Spaghetti/ pasta sauce

Vegetables:

Carrots

Creamed corn

Regular corn

Green beans

Potatoes

Mixed Vegetables

Peas

Boxed Pasta/Noodles/Rice:

Hamburger Helper

Tuna Helper

Taco Mac

Mac & cheese

Elbow Macaroni

Egg noodles

Whole grain Spaghetti Noodles

Spaghetti noodles

Spaghetti Sauce

Instant Rice

Long Grain White Rice

Scalloped Potatoes

Instant Potatoes

Misc:

Quick Cook Oats

Instant Oatmeal:

 Peaches & Cream

 Strawberries & Cream

 Raisin, Date & Walnut

Pancake mix

Syrup

All Purpose Baking Mix

Brownie Mix

Pudding - Vanilla or Chocolate

Fruits:

Pineapple

Pears

Mandarin Oranges

Peaches

Mixed fruit

Jar of Applesauce

Soup:

Vegetable

Tomato

Cream of Mushroom

Cream of Chicken

Chicken Noodle

Chunky Chicken Noodle

Chunky Beef

Buffalo Chicken Chili w/Beans

Beans:

Pork 'n Beans

Pinto Beans

Chickpeas

Chili Beans

Kidney Beans

Black Beans

Baked Beans

Refried Beans

Misc:

15 oz box Raisins

Tomato products:

Tomato Sauce

Diced tomatoes

Cereal:

Cheerios

Honey Nut Cheerios

Multi Grain Cheerios

Lucky Charms

Corn Flakes

Crisp Rice

Crispy Hexagons

Shredded Wheat

Wheat Bran

Misc

Orange Juice

Saltines

Snack Crackers

Peanut butter - Creamy

Grape Jelly

Granola Bars

Trail Mix