

**No Milk this week**

**Canned Meat: Tuna or Chicken or Salmon or Beef Stew**

*Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

**Canned Pasta:**

Spaghetti w/ tomato sauce

**Vegetables:**

Carrots

Creamed corn

Regular corn

Green beans

Mixed Vegetables

Peas

Whole Potatoes

**Boxed Pasta/Noodles/Rice:**

Hamburger Helper

Tuna Helper

Mac & cheese

Elbow Macaroni

Egg noodles

Spaghetti noodles

Spaghetti Sauce

Long Grain White Rice

**Misc:**

Instant Oatmeal

Pancake mix

Syrup

All Purpose Baking Mix

White Frosting

Jello - strawberry or raspberry

Brownie Mix

**Fruits:**

Pineapple

Pears

Mandarin Oranges

Peaches

Mixed fruit

Applesauce

**Soup:**

Vegetable

Tomato

Cream of Chicken

Chicken Noodle

Chunky Beef

Buffalo Chicken w/Chili Beans

**Beans:**

Pork 'n Beans

Pinto Beans

Chickpeas

Chili Beans

Black Beans

Baked Beans

**Misc:**

15 oz box Raisins

**Tomato products:**

Diced tomatoes

**Cereal:**

Cheerios

Honey Nut Cheerios

Corn Flakes

Crisp Rice

Crispy Hexagons

Shredded Wheat

**Misc**

Orange Juice

Saltines

Peanut butter - Creamy

Grape Jelly

Trail Mix

Cranberry Sauce

**Toiletry Items:**

Facial Tissue

Or

Paper Towels