

Canned Meat: Salmon or Tuna or Chicken or Beef Stew

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta:

Spaghetti w/ tomato sauce

Chicken Salad Snack Kit

Vegetables:

Carrots

Creamed corn

Regular corn

Green beans

Mixed Vegetables

Peas

Whole Potatoes

2lbs Green Split Peas

Boxed Pasta/Noodles/Rice:

Hamburger Helper

Tuna Helper

Taco Mac

Mac & cheese

Elbow Macaroni

Egg noodles

Spaghetti noodles

Spaghetti Sauce

Long Grain White Rice

Misc:

Quick-Cook Rolled Oats

Instant Oatmeal

Pancake mix

Syrup

White cake or Chocolate cake

white or chocolate frosting

Jello - strawberry or raspberry

Fruits:

Pineapple

Pears

Mandarin Oranges

Peaches

Mixed fruit

Applesauce

Soup:

Tomato

Cream of Mushroom

Chicken Noodle

Chunky Chicken Noodle

Chunky Beef Soup

Chili No Beans

Beans:

Pork 'n Beans

Pinto Beans

Chickpeas

Chili Beans

Kidney Beans

Black Beans

Baked Beans

Refried Beans

Misc:

15 oz box Raisins

Tomato products:

Diced tomatoes

Cereal:

Cheerios

Honey Nut Cheerios

Crisp Rice

Lucky Charms

Misc

Orange Juice

Saltines

Snack Crackers

Peanut butter - Creamy

Grape Jelly

Granola bars

Trail Mix