

**Milk: 2% Gallon OR 1% half Gallon**

**Frozen meat: Hamburger OR Hot Dogs**

*Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

**Canned Pasta:**

Spaghetti w/ tomato sauce  
Ravioli  
Chicken Salad Snack Kit

**Vegetables:**

Carrots  
Creamed corn  
Regular corn  
Green beans  
Mixed Vegetables  
Peas  
Whole Potatoes  
2lbs Green Split Peas

**Boxed Pasta/Noodles/Rice:**

Hamburger Helper  
Tuna Helper  
Ramen  
Taco Mac  
Mac & cheese  
Elbow Macaroni  
Egg noodles  
Spaghetti noodles  
Spaghetti Sauce  
**Misc:**  
Quick-Cook Rolled Oats  
Instant Oatmeal  
Pancake mix & Syrup  
All Purpose Baking Mix

Brownie Mix  
White cake and white frosting  
Blueberry Muffin Mix  
Jello - strawberry or raspberry

**Fruits:**

Pineapple  
Pears  
Mandarin Oranges  
Peaches  
Mixed fruit  
Applesauce

**Soup:**

Tomato  
Cream of Chicken  
Cream of Mushroom  
Chicken Noodle  
Chunky Beef Soup  
Chili No Beans

**Beans:**

Pork 'n Beans  
Pinto Beans  
Chickpeas  
Chili Beans  
Kidney Beans  
Black Beans

Baked Beans  
Refried Beans

**Misc:**

15 oz box Raisins  
16 oz dried Fig Pieces

**Tomato products:**

Diced tomatoes  
Tomato Sauce

**Cereal:**

Cheerios  
Honey Nut Cheerios  
Crisp Rice

**Misc**

Orange Juice  
Saltines  
Snack Crackers  
Peanut butter - Creamy  
Grape Jelly  
Granola bars  
Trail Mix