

No Milk or Eggs

Canned Meat: Chicken OR Tuna OR Salmon OR Beef Stew

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta:

Spaghetti w/ tomato sauce

Ravioli

Vegetables:

Carrots

Creamed corn

Regular corn

Green beans

Mixed Vegetables

Peas

Sliced Potatoes

Boxed Pasta/Noodles/Rice:

Tuna Helper

Hamburger Helper

Chicken Stuffing Mix

Taco Mac

Mac & cheese

Elbow Macaroni

Egg noodles

Spaghetti noodles

Spaghetti Sauce

Long grain white rice

Instant Potatoes

Misc:

Instant Oatmeal

Pancake mix & Syrup

All Purpose Baking Mix

White OR Chocolate Cake Mix

AND White or Chocolate

Frosting

Blueberry Muffin Mix

Jello - strawberry or raspberry

Fruits:

Pears

Pineapple

Mandarin oranges

Peaches

Mixed fruit

Applesauce

Canned pumpkin

Soup:

Vegetable

Tomato

Cream of Mushroom

Cream of Chicken

Chicken Noodle

Chunky Beef Soup

Beans:

Pork 'n Beans

Pinto Beans

Kidney Beans

Chickpeas

Chili Beans

Refried Beans

Baked Beans

Misc:

1 lb dried Plums

15 oz box Raisins

16 oz dried Fig Pieces

30 oz Dried Cranberries

Tomato products:

Tomato Sauce

Cereal:

Cheerios

Honey Nut Cheerios

Corn Flakes

Misc:

Orange Juice

Strawberry Preserves

Household Items:

Tell us what you need - we'll see if we can accommodate