

Milk: 1% Gallon OR half Gallon

**Canned Meat: Tuna OR Chicken OR
Salmon OR Beef Stew**

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta:

Spaghetti w/ tomato sauce

Vegetables:

Creamed corn

Regular corn

Green beans

Mixed Vegetables

Peas

Sliced Potatoes

Boxed Pasta/Noodles/Rice:

Tuna Helper

Hamburger Helper

Stuffing Mix - Chicken

Taco Mac

Assorted Rice Sides

Assorted Noodle Sides

Mac & cheese

Elbow Macaroni

Egg noodles

Spaghetti noodles

Spaghetti Sauce

Long grain Brown rice

Misc:

Instant Oatmeal

Pancake mix & syrup

All Purpose Baking Mix

Blueberry Muffin Mix

Fruits:

Pears

Pineapple

Peaches

Mixed fruit

Applesauce

Canned pumpkin

Soup:

Vegetable

Tomato

Cream of Mushroom

Cream of Chicken

Chicken Noodle

Beans:

Pork 'n Beans

Chickpeas

Chili beans

Baked Beans

Misc:

1 lb dried Plums

15 oz box Raisins

16 oz dried Fig Pieces

30 oz Dried Cranberries

Tomato products:

Tomato Sauce

Cereal:

Cheerios

Honey Nut Cheerios

Lucky Charms

Misc:

Orange Juice

Peanut butter - Creamy

Grape jelly