

Milk: 1% Gallon OR half Gallon

Frozen Meat: Sliced Deli Ham OR

Grilled Chicken Fillets

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta:

Spaghetti w/tomato sauce

Vegetables:

Carrots

Creamed corn

Regular corn

Green beans

Mixed Vegetables

Peas

Sliced Potatoes

Boxed Pasta/Noodles/Rice:

Tuna Helper

Hamburger Helper

Stuffing Mix - Chicken

Taco Mac

Mac & cheese

Elbow Macaroni

Spaghetti noodles

Spaghetti Sauce

Long grain Brown rice

Misc:

Old-fashioned Oats

Instant Oatmeal

Pancake mix & syrup

Bisquick Baking Mix

Blueberry Muffin Mix

Fruits:

Pears

Pineapple

Mandarin Oranges

Peaches

Mixed fruit

Applesauce

Canned pumpkin

Soup:

Vegetable

Tomato

Cream of Mushroom

Cream of Chicken

Chicken Noodle

Beans:

Pork n Beans

Kidney beans

Chick peas

Chilli beans

Baked Beans

Misc:

1 lb dried Plums

15 oz box Raisins

16 oz dried Fig Pieces

2 lbs dried Cherries

30 oz Dried Cranberries

1 lb Shelled Walnuts

Tomato products:

Tomato Sauce

Cereal:

Cheerios

Honey Nut Cheerios

Multi Grain Cheerios

Wheat Puffs

Honey Graham Crunch

Berry Crisp Crunch

Cinni Minni Crunch

Cocoa rageous

Misc:

Peanut butter - Creamy

Grape jelly

Saltines

Granola Bars

Household Items:

Hand soap

Bar soap