

**Milk: 1% Gallon OR half Gallon      Meat: 5 lbs sliced Turkey      Pork chops**  
**Eggs**

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

**Canned Pasta:**

Ravioli  
Spaghetti w/meat sauce

**Vegetables:**

Creamed corn  
Regular corn  
Green beans  
Peas

**Boxed Pasta/Noodles/Rice:**

Ramen  
Tuna Helper  
Taco Mac  
Mac & cheese  
Assorted boxed pasta  
Spaghetti noodles  
Egg noodles  
Long grain rice-White OR Brown

**Misc:**

Instant Oatmeal -  
Apple Cinnamon  
Pancake mix & syrup  
Granola bars - Variety pack  
White OR Chocolate Cake  
    White OR Choc frosting  
Jello - cherry OR orange

**Fruits:**

Pears  
Pineapple  
Peaches  
Mixed fruit  
Canned pumpkin

**Soup:**

Vegetable  
Tomato  
Cream of mushroom  
Cream of Chicken  
Chicken Noodle  
Vegetable beef

**Beans:**

Pork'n' beans  
Kidney beans  
Chick peas  
Chili beans  
Black beans  
Baked Beans

**Misc:**

1 lb dried Plums  
15 oz box Raisins  
16 oz dried Fig Pieces  
2 lbs dried Cherries  
30 oz Dried Cranberries  
1 lb Shelled Walnuts

**Tomato products:**

Diced tomatoes

**Cereal:**

Cheerios  
Honey Nut Cheerios  
Multi Grain Cheerios

**Misc:**

Peanut butter - Creamy  
Grape jelly  
Saltines  
Snack Crackers  
Fresh Apples

**Household:**

Toothpaste  
Toothbrush