

**Milk 1% Gallon or half Gallon Meat: 3 lb Pork Loin Roast Or
Eggs 1 lb or 2 lbs Boneless Pork Chops**

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta:

- Ravioli
- Spaghetti w/meat sauce

- White OR Chocolate Cake
- White OR Choc frosting

Vegetables:

- Carrots
- Creamed corn
- Regular corn
- Green beans
- Mixed vegetables

- Brownie mix
- Muffin mix - Chocolate Chip OR blueberry
- Jello
- Strawberry, raspberry, cherry, orange

- Peas
- Sliced Potatoes
- Bag Dried Split Peas
- Bag Dried Lentils

Fruits:

- Pears
- Pineapple
- Mandarin oranges
- Peaches
- Mixed fruit
- Applesauce
- Canned pumpkin

Boxed Pasta/Noodles/Rice:

- Ramen - Chicken OR Beef
- Tuna Helper
- Hamburger Helper
- Taco Mac
- Mac & cheese
- Elbow macaroni
- Spaghetti noodles
- Spaghetti sauce
- Egg noodles
- Instant potatoes
- Long grain rice-White OR Brown

Soup:

- Vegetable
- Tomato
- Cream of mushroom
- Cream of chicken
- Chicken noodle
- Vegetable beef

Beans:

- Pork'n' beans
- Kidney beans
- Chick peas
- Chili beans
- Black beans
- Baked Beans

Misc:

- 1 lb dried Plums
- 15 oz box Raisins
- 16 oz dried Fig Pieces
- 2 lbs dried Cherries
- 30 oz Dried Cranberries
- 1 lb Shelled Walnuts

Tomato products:

- Diced tomatoes
- Tomato sauce

Cereal:

- Cheerios
- Corn Flakes
- Honey Nut Cheerios

Misc:

- Peanut butter - Creamy
- Grape jelly
- Strawberry preserves
- Saltines OR Snack Crackers

Misc:

- Instant Oatmeal - Apple Cinnamon
- Pancake mix & syrup
- Granola bars - Variety pack