

**Milk: 1% Gallon or half Gallon Canned Meat: Tuna Chicken Salmon
Beef Stew**

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta:

Ravioli
Spaghetti w/meat sauce

Vegetables:

Creamed corn
Regular corn
Green beans
Mixed vegetables
Peas
Sliced Potatoes
Bag Dried Lentils

Boxed Pasta/Noodles/Rice:

Ramen - Chicken OR Beef
Tuna Helper
Hamburger Helper
Taco Mac
Mac & cheese
Elbow macaroni
Spaghetti noodles
Spaghetti sauce
Egg noodles
Instant potatoes
Long grain rice-White OR Brown

Misc:

Instant Oatmeal -
Apple Cinnamon
Pancake mix & syrup
Granola bars - Variety pack
White OR Chocolate Cake

White OR Choc frosting

Brownie mix
Muffin mix - Chocolate Chip
OR Strawberry

Jello - cherry OR orange

Fruits:

Pears
Pineapple
Mandarin oranges
Peaches
Mixed fruit

Applesauce
Canned pumpkin

Soup:

Vegetable
Tomato
Cream of mushroom
Cream of chicken
Chicken noodle
Vegetable beef

Beans:

Pork'n' beans
Kidney beans
Chick peas
Chili beans
Black beans

Baked Beans

Misc:

1 lb dried Plums
15 oz box Raisins
16 oz dried Fig Pieces
2 lbs dried Cherries
30 oz Dried Cranberries
1 lb Shelled Walnuts

Tomato products:

Diced tomatoes
Tomato sauce

Cereal:

Cheerios
Corn Flakes
Honey Nut Cheerios
Multi Grain Cheerios
Captain Crunch
Life

Misc:

Peanut butter - Creamy
Grape jelly
Saltines OR Snack Crackers