Eggs AND Skim Milk (½ gallon) **Bonus Items:** 

Canned Meat: Tuna OR Chicken OR Salmon OR Pork

Please circle your choices below, selecting whatever you need this week. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item, and limit 1 for any item with an asterisk (\*) next to it. Due to limited supplies, items will be available while they last; orders not picked up by Friday will be returned to inventory the following Monday. Toiletries on Back  $\rightarrow \rightarrow \rightarrow$ 

**Heat-n-Serve Meals:** 

Vegetable Beef Stew

Vegetarian Chili w/ Beans

Chicken Chili w/ Beans

Chunky Beef Vegetable Soup\*

Chunky Chicken Noodle Soup\*

Macaroni in tomato & meat sauce

**Vegetables:** 

Carrots

Whole Kernel Corn

Green Beans

Potatoes

Mixed Vegetables

Peas

**One-Dish Pasta Meals:** 

Hamburger Helper

Tuna Helper\*

Taco Mac

Pasta & Tomato Sauce

Mac & Cheese

**Boxed Pasta/Noodles/Rice:** 

Assorted Pasta\*

Pasta Sauce

**Bread Crumbs\*** 

Instant Potatoes

Basmati Rice

Jasmine Rice\*

Spanish Rice

Beef Flavored Rice

Chicken Flavored Rice

Baking:

**Quick Cook Oats** 

Instant Oatmeal\* (regular & assorted) Diced Tomatoes

Instant Dry Milk

Pancake Mix

Syrup

Apple Cinnamon Muffin Mix

Blueberry Muffin Mix

Cake Mix - White and Chocolate

Frosting - White

Fig Pieces

Raisins (15oz box)

Jello - Orange

Spices: Tarragon ~ Allspice ~ Crushed

Red Pepper ~ Black Peppercorn

Palm Oil\*

Fruits:

Pineapple

Pears

Mandarin Oranges

Mixed fruit

**Applesauce** 

(sweetened or unsweetened)

Soup:

Vegetable

Tomato

Chicken Noodle

Cream of Chicken

Cream of Mushroom

Tomatoes:

Tomato Sauce (8oz)

Beans:

Pork & Beans

Pinto Beans\*

Chili Beans

Kidnev Beans

Refried Beans

**Baked Beans** 

Vegetarian Beans (in Tomato Sauce)

Lentils (dry)

Cereal:

Cheerios

Honey Nut Cheerios\*

Multi-Grain Cheerios

Misc:

Creamy Peanut Butter

Raisins (6ct Snack Packs)

Fruit Snacks

## **Toiletries:**

Total number of items: whatever you need this week. However, LIMIT 1 of a single item unless otherwise stated:

Bar Soap

Birthday Party-in-a-Bag

(Adult or Child)

**Dental Floss** 

Diapers/Pull-Up (specify size pls) \_\_\_\_

Hand Sanitizer

**Tampons** 

Toothbrush - choose quantity

1 - 2 - 3 - 4 - 5 - 6