

~Please Note: Toiletries on Page 2~ FIRST & LAST NAME: _____

No Milk

Canned Meat: Tuna or Chicken or Salmon

Bonus Items: Dozen Eggs and Yogurt (Blueberry or Vanilla Bean or Lemon)

*Please circle your choices below. If you'd like two of something, write the number 2 beside it.
Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

Ready Made Meals:

Beef Stew
Ravioli
Pasta in Tomato Sauce

Syrup

Chocolate Frosting
Apple Cinnamon Muffin Mix

Vanilla Pudding
Vegetable Oil

Dried Fruit/Nuts:

Raisins
Fig Pieces
Pistachios

Vegetables:

Carrots
Creamed corn
Regular corn
Green beans
Sweet Potatoes
Mixed Vegetables
Peas

Fruits:

Pears
Peaches
Mixed fruit
Applesauce
Cranberry Sauce

Tomato products

Diced Tomatoes

Cereal:

Corn Biscuits
Corn Flakes
Wheat Bran
Shredded Wheat

Boxed Pasta/Noodles/Rice:

Hamburger Helper
Tuna Helper
Taco Mac
Mac & cheese
Misc Pasta Noodles
Spaghetti Noodles
Spaghetti Sauce
Instant Potato Flakes

Soup:

Vegetable
Vegetable Beef
Tomato
Cream of Mushroom
Chicken Noodle
Homestyle Chicken Noodle
Chili with Beans

Misc

Pita Chips
Pop Chips
Peanut butter - Creamy
Grape Jelly
Palm Oil
Fruit Snacks
Granola Bars
Baby Food/Formula
Birthday Kit

Baking:

Rolled Oats
Instant Oatmeal
Instant Dry Milk
Pancake mix

Beans:

Pork 'n Beans
Pinto Beans
Chickpeas
Kidney Beans
Black Beans
Baked Beans

Toiletries:

*Total number of items: whatever
you need this week. However,
LIMIT 1 of a single item:*

Toilet Paper

Kleenex

Paper Towels

Hand Sanitizer

Hand Soap

Alcohol Wipes

Diapers (Newborn - size 6 & Pull-ups)

Baby Wipes

Deodorant (Mens or Womens)

Shampoo

Conditioner

Razor

Dental Floss

Toothbrush

Toothpaste

Bar Soap

Body Wash

Panty Liners

Feminine Pads

Tampons

Kids Face Masks

PPE Kit