Bonus Items: Frozen Blueberries and Frozen Tortellini with Meat Canned Meat: Tuna and Chicken and Salmon Pantry Tip: Quick Cook Oats $\rightarrow$ Oatmeal Raisin Cookies, Oatmeal Energy Bites, \& Oatmeal w/Blueberries

Please circle your choices below, selecting whatever you need this week. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item, and limit 1 for any item with an asterisk (*) next to it. Due to limited supplies, items will be available while they last; orders not picked up by Friday will be returned to inventory the following Monday.

| Heat-n-Serve Meals: | Chicken Flavored Rice |
| :---: | :---: |
| Vegetable Beef Stew |  |
| Vegetarian Chili w/ Beans | Quick Cook Oats |
| Chicken Chili w/ Beans | Instant Oatmeal (regular \& assorted) |
| Chunky Beef Vegetable Soup | Instant Dry Milk |
| Chunky Chicken Noodle Soup | Syrup |
| Vegetables: | Apple Cinnamon Muffin Mix |
| Carrots | Blueberry Muffin Mix |
| Whole Kernel Corn | Corn Muffin Mix |
| Green Beans | White Cake Mix |
| Potatoes | White Frosting |
| Mixed Vegetables | Chocolate Cake Mix |
| Peas | Chocolate Frosting |
| One-Dish Pasta Meals: | Fig Pieces |
| Hamburger Helper | Raisins (150z box) |
| Tuna Helper | Jello - Orange* and Strawberry |
| Taco Mac | Spices: Tarragon ~ Allspice ~ Crushed |
| Pasta \& Tomato Sauce | Vegetable Oil*** ${ }^{\text {Red Pepper } \sim \text { Black Peppercorn }}$ |
| Mac \& Cheese | Palm Oil* |
| Boxed Pasta/Noodles/Rice: Fruits: |  |
| Assorted Pasta Noodles* | Pineapple |
| Spaghetti Noodles | Pears |
| Pasta Sauce* | Mandarin Oranges |
| Bread Crumbs | Peaches* |
| Instant Potatoes | Mixed fruit |
| Basmati Rice | Applesauce |
| Jasmine Rice | (sweetened or unsweetened) |
| Spanish Rice |  |
| Beef Flavored Rice | Soup: |
|  | Vegetable |

Tomato
Chicken Noodle
Cream of Chicken
Cream of Mushroom
Tomatoes:
Tomato Sauce (8oz)
Diced Tomatoes
Beans:
Pork \& Beans
Pinto Beans
Chili Beans
Kidney Beans
Refried Beans
Baked Beans
Vegetarian Beans (in Tomato Sauce)
Lentils (dry)
Cereal:
Cheerios
Multi-Grain Cheerios
Misc:
Grapefruit Juice
Creamy Peanut Butter
Strawberry Jelly*
Raisins (6ct Snack Packs)
Granola Bars (Chewy)

Toiletries on Back $\longrightarrow \longrightarrow \longrightarrow \longrightarrow$

## Toiletries:

Total number of items: whatever you need this week. However, LIMIT 1 of a single item:

Bar Soap

Dental Floss
Diapers (Newborn - size 6, Pull-Ups 2t/3t)
Feminine Pads/Liners
Hand Sanitizer
Incontinence Items
Underwear (Men/Women)
Pads (Women)
Bed Pads
Tampons
Toothbrush

