Milk: 1% Gallon OR half Gallon Canned Meat: Tuna OR Chicken OR Salmon OR Beef Stew **Eggs**

Dairy Box (includes 2 gallons of milk)

Vegetables:

Elbow Macaroni

Instant Potatoes

Pancake mix & Syrup

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Baked Beans

Misc:

16 oz dried Fia Pieces

Canned Pasta:		
Spaghetti w/ tomato sauce	All Purpose Baking Mix	Chickpeas
Ravioli	White OR Chocolate Cake Mix AND White or Chocolate	Chili Beans
Chicken Salad Snack Kit	Frosting	Refried Beans

Carrots		
	Jello - strawberry or raspberry	Misc:
Creamed corn		1 lb dried Plums
	F!4	

Blueberry Muffin Mix

Deguler com	<u>Fruits:</u>	
Regular corn	Pears	15 oz box Raisins
Green beans		

Pineapple

Mixed Vegetables		3
5	Mandarin oranges	30 oz Dried Cranberries

Peas		
	Peaches	Tomato products:
Sliced Potatoes		Tomato Sauce
	Mixed fruit	

Boxed Pasta/Noodles/Rice:		Diced Tomatoes
Tuna Helper	Applesauce	

Hamburger Helper		<u>Cereal:</u>
	Canned pumpkin	Cheerios
Chicken Stuffing Mix		

Taco Mac	Soup: Vegetable	Honey Nut Cheerios
Mac & cheese	Tomato	Corn Flakes

LIDOW IVIACAI OI II	Cream of Mushroom	Orange Juice
Egg noodles		5 · 5 · · · · · · · · · · · · · · · · ·
33	Cream of Chicken	Peanut hutter - Cream

Spaghetti noodles	Cream of Chicken	Peanut butter - Creamy
Spaghetti Sauce	Chicken Noodle	Strawberry Preserves
Spagnetti Sauce	Chunky Beef Soup	Snack Crackers

Long grain white rice	•	Chack Grackers
Instant Potatoes	Beans:	Saltines

	Pork in Beans	
Misc:		Granola bars
	D: (D	

<u>IVIISC.</u>		Giaillia bais
Instant Oatmeal	Pinto Beans	

Kidney Beans