MILK: Gallon Canned Meat: TUNA or CHICKEN or SALMON or BEEF STEW

## ASK ABOUT FRESH PRODUCE!

Please circle your choices below. If you'd like two of something, write the number 2 beside it.

Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

**Canned Pasta** 

Pasta Rings in Tomato Sauce

**Vegetables:** 

Carrots

Creamed corn

Regular corn

Green beans

**Potatoes** 

Mixed Vegetables

Peas

**Boxed Pasta/Noodles/Rice:** 

Hamburger Helper

Tuna Helper

Taco Mac

Mac & cheese

Elbow Macaroni

Egg noodles

Spaghetti Noodles

Spaghetti Sauce

**Instant Potatoes** 

Long Grain White Rice

<u>Misc:</u>

**Quick Cook Oats** 

**Instant Oatmeal Variety Pack** 

All Purpose Flour

Sugar

Pancake mix

Syrup

White Cake Mix

Chocolate Cake Mix

White Frosting

**Chocolate Frosting** 

Corn Muffin Mix

Apple Cinnamon Muffin Mix

Blueberry Muffin Mix

All Purpose Baking Mix

Fruits:

**Pears** 

Peaches

Mixed fruit

Soup:

Tomato

Cream of Chicken

Chicken Noodle

**Beans:** 

Pork 'n Beans

Pinto Beans

Chickpeas

Chili Beans

Kidney Beans

Black Beans

**Baked Beans** 

Refried Beans

Misc:

15 oz box Raisins

1 lb Shelled Walnuts

Yellow Split Peas(dry)

Tomato products:

**Diced Tomatoes** 

Tomato Sauce

Cereal:

Cheerios

Honey Nut Cheerios

Corn Flakes

Crisp Rice

Crispy Hexagons

Corn Biscuits

Wheat Bran

<u>Misc</u>

Orange Juice

Peanut butter - Creamy

Grape Jelly

Garlic Powder

Palm Oil

Fruit Snacks

Trail Mix

Salted Pop Chips

**Toiletries:** 

Foaming Cleaner

Or

Hand Sanitizer