

**Milk: 1% Gallon OR half Gallon**  
**eggs**

**Meat: Ground Pork**

**Ham**

**Alaskan Pollock**

*Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.*

**Canned Pasta:**

Ravioli

Spaghetti w/meat sauce

**Vegetables:**

Creamed corn

Regular corn

Green beans

Mixed Vegetables

Peas

Sliced Potatoes

Bag yellow dried split peas

**Boxed Pasta/Noodles/Rice:**

Tuna Helper

Hamburger Helper

Flavored Rice packet

Taco Mac

Mac & cheese

Elbow Macaroni

Egg Noodles

Spaghetti noodles

Spaghetti Sauce

Instant Potatoes

Long grain rice-White OR Brown

**Misc:**

Pancake mix & syrup

Brownie Mix

Blueberry Muffin Mix

Bisquick Baking Mix

**Fruits:**

Pears

Pineapple

Mandarin Oranges

Peaches

Mixed fruit

Applesauce

Canned pumpkin

**Soup:**

Vegetable

Tomato

Cream of Mushroom

Cream of Chicken

Chicken Noodle

Chunky Beef

**Beans:**

Pork n Beans

Pinto Beans

Kidney beans

Chick peas

Chili beans

Black beans

Baked Beans

**Misc:**

1 lb dried Plums

15 oz box Raisins

16 oz dried Fig Pieces

2 lbs dried Cherries

30 oz Dried Cranberries

1 lb Shelled Walnuts

**Tomato products:**

Diced tomatoes

Tomato Sauce

**Cereal:**

Cheerios

Honey Nut Cheerios

Multi Grain Cheerios

Lucky Charms

Assorted Sweet Cereal

**Misc:**

Peanut butter - Creamy

Grape jelly

Saltines

Snack Crackers