

**Canned Meat: Tuna or Chicken or Salmon or Beef Stew**

**Bonus Item: Hormel Protein Snack packs**

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

**Canned Pasta**

Spaghetti/ pasta sauce

**Vegetables:**

Carrots

Creamed corn

Regular corn

Green beans

Potatoes

Mixed Vegetables

Peas

**Boxed Pasta/Noodles/Rice:**

Hamburger Helper

Tuna Helper

Taco Mac

Mac & cheese

Elbow Macaroni

Egg noodles

Whole grain Spaghetti Noodles

Spaghetti noodles

Spaghetti Sauce

Instant Rice

Long Grain White Rice

Scalloped Potatoes

Instant Potatoes

**Misc:**

Quick Cook Oats

Instant Oatmeal:

Peaches & Cream

Strawberries & Cream

Raisin, Date & Walnut

Pancake mix

Syrup

All Purpose Baking Mix

Brownie Mix

Pudding - Vanilla or Chocolate

**Fruits:**

Pineapple

Pears

Mandarin Oranges

Peaches

Mixed fruit

Jar of Applesauce

**Soup:**

Vegetable

Tomato

Cream of Mushroom

Cream of Chicken

Chicken Noodle

Chunky Chicken Noodle

Chunky Beef

Buffalo Chicken Chili w/Beans

**Beans:**

Pork 'n Beans

Pinto Beans

Chickpeas

Chili Beans

Kidney Beans

Black Beans

Baked Beans

Refried Beans

**Misc:**

15 oz box Raisins

**Tomato products:**

Tomato Sauce

Diced tomatoes

**Cereal:**

Cheerios

Honey Nut Cheerios

Multi Grain Cheerios

Lucky Charms

Corn Flakes

Crisp Rice

Crispy Hexagons

Shredded Wheat

Wheat Bran

**Misc**

Orange Juice

Saltines

Snack Crackers

Peanut butter - Creamy

Grape Jelly

Granola Bars

Trail Mix

**Toiletries:**

Body Lotion

Or

Toilet paper