FIRST & LAST NAME: _____

MILK - 1% HALF GALLON   **Frozen Meat: GROUND BEEF or GRILLED CHICKEN STRIPS**

Bonus Item: EGGS

Please circle your choices below. If you'd like two of something, write the number 2 beside it.
Please <u>choose no more than 2 of a single item.</u> Total number of items: whatever you need this week.

Ready Made Meals:

Beef Stew

Pasta with Meat Sauce

Pasta in Tomato Sauce

Vegetables:

Carrots

Creamed corn

Regular corn

Green beans

Potatoes

Mixed Vegetables

Peas

Boxed Pasta/Noodles/Rice:

Hamburger Helper

Tuna Helper

Taco Mac

Ramen Noodles

Mac & cheese

Elbow Macaroni

Misc Pasta Noodles

Egg Noodles

Spaghetti Noodles

Spaghetti Sauce

Long Grain White Rice

Stuffing Mix

Instant Potato Flakes

Baking:

Quick Cook Oats

Instant Oatmeal

Instant Dry Milk

Pancake mix

Syrup

Chocolate Frosting

Brownie Mix

Corn Muffin Mix

Apple Cinnamon Muffin Mix

Blueberry Muffin Mix

Chocolate Pudding

Vanilla Pudding

Fruits:

Pineapple

Pears

Peaches

Mixed fruit

Applesauce

Soup:

Vegetable

Tomato

Cream of Chicken

Cream of Mushroom

Chicken Noodle

Vegetable Beef

Chili with Beans

Beans:

Pork 'n Beans

Pinto Beans

Chickpeas

Chili Beans

Kidney Beans

Black Beans

Baked Beans

Refried Beans

Dried Fruit/Nuts:

Raisins

Fig Pieces

Tomato products

Diced Tomatoes

Tomato Sauce

Cereal:

Cheerios

Honey Nut Scooters

Corn Biscuits

Corn Flakes

Crisp Rice

Crispy Hexagons

Shredded Wheat

Wheat Bran

Misc

Saltines

Nacho Cheese Tortilla Chips

Pita Chips

Peanut butter - Creamy

Grape Jelly

Strawberry Preserves

Palm Oil

Fruit Snacks

Granola Bars

Trail Mix

Baby Food/Formula

Birthday Kit

Toiletries:

Total number of items: whatever you need this week. However, LIMIT 1 of

a single item:

Toilet Paper

Hand Sanitizer

Disinfectant Cleaner

Alcohol Wipes

Diapers (Newborn - size 7 & Pull-ups)

Baby Wipes

Men's Deodorant

Razor

Hand Soap

Dental Floss

Toothbrush

Toothpaste

Shampoo

Conditioner

Body Wash

Bar Soap

Panty Liners

Maxi Pads

Tampons

Kids Face Masks (ages 4+)

PPE Kit