

No Milk this week

Canned Meat: Chicken or Salmon or Tuna or Beef Stew

Bonus Items: 2lb shredded Mozzarella Cheese

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please choose no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta:

Spaghetti w/ tomato sauce

Vegetables:

Carrots

Creamed corn

Regular corn

Green beans

Mixed Vegetables

Peas

Whole Potatoes

2lbs Green Split Peas

Boxed Pasta/Noodles/Rice:

Hamburger Helper

Tuna Helper

Mac & cheese

Elbow Macaroni

Egg noodles

Spaghetti noodles

Spaghetti Sauce

Instant Mashed potatoes

Long Grain White Rice

Misc:

Quick-Cook Rolled Oats

Instant Oatmeal

Pancake mix

Syrup

All Purpose Baking Mix

White cake/Chocolate Cake

White Frosting

Jello - strawberry or raspberry

Fruits:

Pineapple

Pears

Peaches

Mixed fruit

Applesauce

Soup:

Tomato

Cream of Mushroom

Chicken Noodle

Chunky Beef Soup

Chili No Beans

Beans:

Pork 'n Beans

Pinto Beans

Chickpeas

Chili Beans

Kidney Beans

Black Beans

Baked Beans

Misc:

15 oz box Raisins

Tomato products:

Diced tomatoes

Cereal:

Cheerios

Honey Nut Cheerios

Crisp Rice

Lucky Charms

Crispy Hexagons

Misc

Orange Juice

Saltines

Snack Crackers

Peanut butter - Creamy

Grape Jelly

Granola bars

Trail Mix