No Milk this week

Canned Meat: Chicken or Tuna or Salmon or Beef Stew

Please circle your choices below. If you'd like two of something, write the number 2 beside it. Please <u>choose</u> no more than 2 of a single item. Total number of items: whatever you need this week.

Canned Pasta: Pancake mix Misc:

Spaghetti w/ tomato sauce 15 oz box Raisins

All Purpose Baking Mix

Ravioli

Jello - raspberry

Diced tomatoes

Chicken Cup of Noodles

Egg noodles

Raisin. Date & Walnut

Vegetables:Fruits:Cereal:CarrotsPineappleCheerios

Creamed corn Pears Honey Nut Cheerios

Regular corn Mandarin Oranges Corn Flakes

Green beans Peaches Crisp Rice

Mixed Vegetables Mixed fruit Crieny Havager

Peas Mixed fruit Crispy Hexagons

Applesauce Shredded Wheat

Soup:
Wheat Bran

Hamburger Helper

Misc

Tuna Helper Tomato Orange Juice

Taco Mac Cream of Chicken Saltines

Mac & cheese Chicken Noodle Peanut butter - Creamy

Elbow Macaroni Chunky Beef Grape Jelly

Buffalo Chicken Chili w/Beans
Spaghetti noodles

Strawberry Preserves

Spaghetti Sauce Beans Trail Mix

Instant Rice Pinto Beans Cranberry Sauce

Long Grain White Rice Chickpeas <u>Toiletry Items:</u>

Instant Potatoes Chili Beans Toothpaste/Toothbrush

Misc: Rlack Reans OP

MISC: Black Beans OR Quick Cook Oats

Instant Oatmeal:

Bar Soap

Bar Soap

Peaches & Cream

Refried Beans

Refried Beans

Baked Beans